



16th August 2020

Dear WAGS Gym Fun Families,

Alert Level 2 is now in place until Wednesday 26th of August. After much thought and planning WAGS has decided to continue its Gym Fun Classes. The safety procedures put into place enables everyone to be safe and still operate classes at Level 2.

This is assuming all distancing and hygiene procedures are followed.

Protocols in Place for gymnasts and staff during level 2:

- If you are unwell, please stay away
- Sanitise hands on entry and departure and after each apparatus rotation.
- If your child is unwell, please keep them at home
- Parents can record their child's attendance for contact tracing by using the app code on the front door or a paper roll will be taken by the gymnasts' coach
- Gymnasts will be asked to wait upstairs on chairs (at 1m distances) upstairs. Their coach will call them down via the southern stairs onto the floor(s)
- **Limited number of spectators**
- **Spectators allowed for gymnasts who are younger and need their parents' support.**
We ask that parents, where they can, please stay away. For parents of younger gymnasts who need their parents, they may wait upstairs in designated chairs spaced at 2m intervals. There will be limited seating available as there will be other competition gymnasts waiting upstairs in their groups for their classes to start at 4.30.

During the class:

- Each floor will be marked out with a grid. Each gymnast will be asked to stay in their square for warm up
- Drink bottles to be taken down on the floor and kept with gymnasts as they move around the apparatus. There will be designated areas around the gym for this.
- Toileting – One in one out.
- At the end of each training session coaches will walk their group outside to wait for parents' arrival. This will either be the main entrance or through the southern western fire doors.
- Wednesday Gym Fun 3.45 to exit via the south western fire doors. Parents may wait in that southern carpark for their children to come out.

Distancing:

- Athletes and coaches are required to keep a distance of **1m** at all times.
- Groups will move around the gym with a **2m distance** between them.

Cleaning and Hygiene

- Surfaces will be disinfected daily with a food safe disinfectant. This includes toilets, taps, doors and door handles in used areas
- PVC mats and shapes used by each group will be disinfected with a food safe disinfectant after use by the coach of that group.
- Hand sanitiser available at entrance and at each apparatus. Feel free to bring your own.
- Gymnasts to sanitise hands before and after each apparatus
- Gymnasts will be reminded by coaches to not touch their faces
- Bottle filler off limits. Gymnasts to bring their own water in bottle with a screw lid.
- Used areas will be sanitised regularly during the day after each class – door handles on all doors, cubbie area, office window etc.

WAGS continues to put safety first and by abiding by these rules we will be able to keep everyone safe.

We look forward to seeing you next week.

WAGS Coaching Team