



Play Gym at Level 2 Health and Safety Protocols

Hi Play Gym Parents,

After much thought and planning WAGS is able to safely continue the Play Gym programme in Level 2.

All scheduled classes will continue as normal from Monday the 17th of August.


For those that missed last weeks' classes on Wednesday and Thursday, a catch up class will be offered on another day. Contact the office to let Wendy know which day you would like to attend.

For Play Gym Participants to work safely the following Level 2 rules and measures need to be applied.

- If your child is unwell, please keep them at home
- If you are unwell, please stay away
- Sanitise hands on entry and departure
- Parents record attendance for contact tracing, use the app code on the front door or sign in on the paper register on the table in the lobby
- Only **ONE adult** may accompany their child.
- One adult to one child ratio (maximum)
- The adult and child is considered one group and must maintain a 2m distance from other groups.
- Place personal items in blue cubbies keeping a 2m distance from other groups
- Go on to floor and wait with a gridded square marked in chalk
- **The Parent/ caregiver is responsible for their child's physical distancing from other children**

Class structure

- ❖ Mat time will be split into two floors if numbers are over 15
- ❖ Stand on white floor within a square (marked in chalk)
- ❖ Coaches will advise if the class needs to be split on to two floors
- ❖ Separate circuits for each side for each floor group
- ❖ Parents to be with their child **at all times** during the class.
- ❖ Maintain 2m distances between participants on the circuits.
- ❖ Coaches won't be able to spot (help) children on circuits. This will be done by the parents.

- ❖ Small hand equipment (balls hoops, scarves, bean bags etc.) won't be available – to reduce touching surfaces
- ❖ Mat time at the end will follow the same protocols as the first mat time using the grids marked out on the floor.
- ❖ No stamps. 
- ❖ Parents to stagger departure so 2m distancing can be observed when retrieving belongings from the cubby area.
- ❖ Mats and used PVC equipment will be sanitised between classes.
- ❖ Door handles and used areas will also be sanitised between classes.

WAGS will be doing all it can to keep everyone safe.

We look forward to seeing you next week.

WAGS Play Gym Coaching Team